

WELLNESS



Best Yoga Classes

- Sunset Cliffs
- Balboa Park
- pilgrimage of the Heart



Best Vegan Restaurants

- Evolution
- Dona Jean
- OB Garden Cafe
- Trilogy Sanctuary



Bikes & Scooters everywhere

SAN DIEGO

A travel guide by ITH Hostels

GO TO MEXICO FOR A DAY
 SNORKELING IN LA JOLLA COVE
 GO WHALE WATCHING
 BURGER AT ROCKY'S IN PB
 GO TO OB DRUM CIRCLE
 EAT A VEGGIE BURRITO AT MIKES IN OB
 VISIT MUSEUMS
 VISIT PAPA LECOS COFFEE
 EAT A BEACH BOMFIRE
 DO A BEACH BOMFIRE
 VISIT THE CABRILLO NATIONAL MONUMENT
 TRY THE FISH TACOS AT BLUE WATER RESTAURANT
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MUST DO!

BEACHES

- MIRAL BEACH** - Horse back riding
- CORONADO BEACH** - white sand, small waves. Home for the famous Hotel Del Coronado
- SUNSET CLIFFS** - Natural cliffs, caves
- OCEAN BEACH**
- MISSION BEACH**
- PACIFIC BEACH** - Classic California Beach. Young, crowd
- TOURMALINE**
- SURF PARK** - surfing beach
- LA JOLLA** - caves and snorkeling
- BLACKS BEACH** - Kayaking, optional clothes optional
- TORREY PINES** - Cost Line Trail with cliff side views

- LOCAL NEIGHBORHOODS**
- LA JOLLA** - amazing beach, cliffs, caves & cove, sea lions and leopard parks. Great for snorkeling.
- PACIFIC BEACH** - Classic California beach neighborhood. Young crowd. Bars, restaurants & frat houses.
- OCEAN BEACH** - hippie community, longest pier of California and amazing cliffs
- OLD TOWN** - Mexican Culture. Shops, Restaurants & unique park

INSTAGRAMMABLE SPOTS

- DOWNTOWN** - Business Center, Restaurants & Club Nights
- LITTLE ITALY** - Modern & Charming. Best & Unique restaurants.
- HILLCREST** - LGBT+ community, Museums and gardens at Balboa Park & Zoo
- CORONADO ISLAND** - voted best beach in the U.S.
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WEATHER THROUGHOUT THE YEAR

Month	High/Low
Jan	66°/50°
Feb	66°/51°
Mar	67°/54°
Apr	69°/56°
May	69°/60°
Jun	72°/63°
Jul	76°/66°
Aug	77°/65°
Sep	77°/66°
Oct	74°/61°
Nov	70°/55°
Dec	66°/49°